



# August Did You Notice...? Cards

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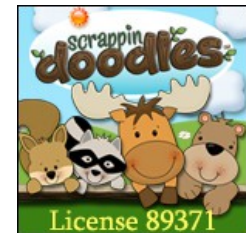
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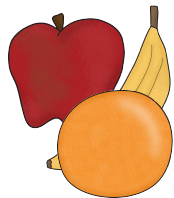


Thanks Erin @Royal Baloo

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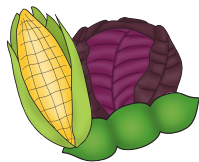
1 ● ● ●

Fruits come from a flower and have seeds.



2 ● ● ●

Vegetables are stems, roots, or leaves of a plant.



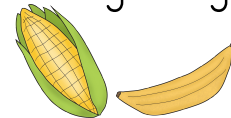
5 ● ● ●

Green fruits and vegetables are good for your bones and keep your teeth strong.



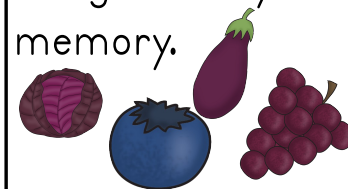
6 ● ● ●

Fruits and vegetables that are yellow help to keep you from getting sick.



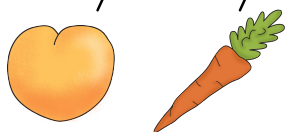
7 ● ● ●

Blue and purple fruits and veggies are good for your memory.



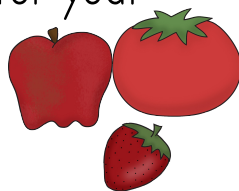
8 ● ● ●

Fruits and vegetables that are orange help your eyes stay healthy.



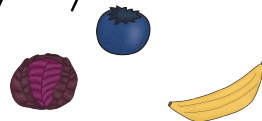
9 ● ● ●

Red fruits and vegetables are great for your heart.



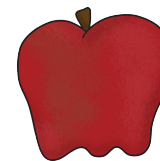
12 ● ● ●

You should have at least 5 servings of fruits or vegetables every day.



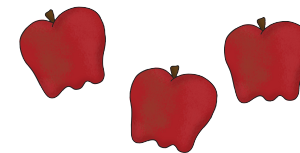
13 ● ● ●

Apples are better for keeping you awake than coffee.



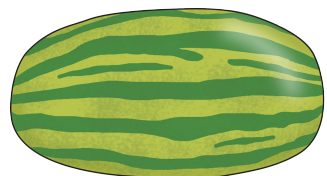
14 ● ● ●

There are over 7000 different types of apples.



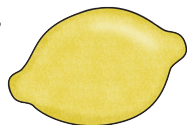
15 ● ● ●

Watermelon is made up of 92% water.



16 ● ● ●

Lemons kill bacteria because of their high acid content.



19 ● ● ●

Avocado is the most nutritious fruit.

20 ● ● ●

Tomatoes are the most consumed fruit or vegetable in the USA.



21 ● ● ●

Carrots were originally red, purple, yellow, and white; not orange.



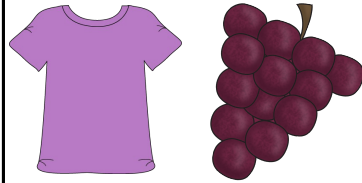
22 ● ● ●

Strawberries and cashews are the only fruit with seeds on the outside.



23 ● ● ●

Fruit can be used to dye cloth different colors.



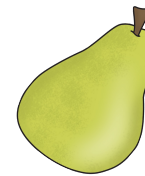
26 ● ● ●

One apple tree can produce 400 apples in a year.



27 ● ● ●

Pears are the only fruit to ripen from the inside out.



28 ● ● ●

Raisins are dried grapes.



29 ● ● ●

Peanuts and almonds are not nuts: they are fruit!

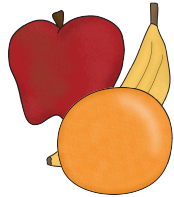
30 ● ● ●

Blueberries have more anti-oxidants than most other fruits and vegetables.

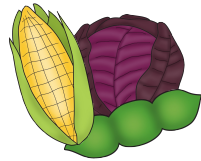




Fruits come from a flower and have seeds.



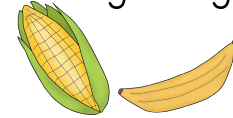
Vegetables are stems, roots, or leaves of a plant.



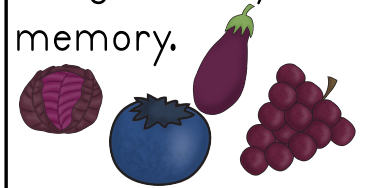
Green fruits and vegetables are good for your bones and keep your teeth strong.



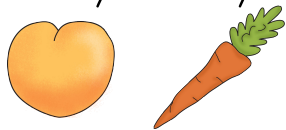
Fruits and vegetables that are yellow help to keep you from getting sick.



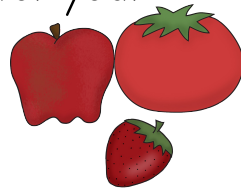
Blue and purple fruits and veggies are good for your memory.



Fruits and vegetables that are orange help your eyes stay healthy.



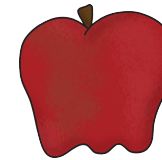
Red fruits and vegetables are great for your heart.



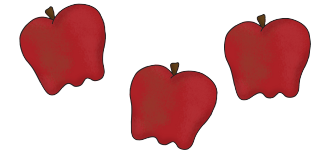
You should have at least 5 servings of fruits or vegetables every day.



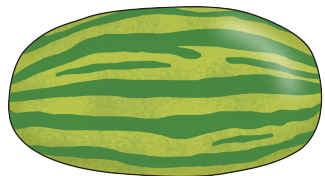
Apples are better for keeping you awake than coffee.



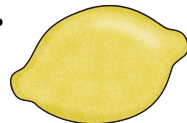
There are over 7000 different types of apples.



Watermelon is made up of 92% water.



Lemons kill bacteria because of their high acid content.



Avocado is the most nutritious fruit.


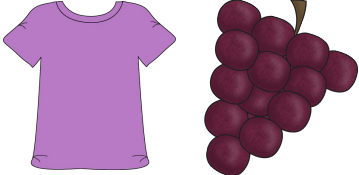

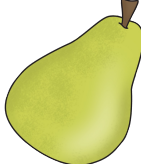




Tomatoes are the most consumed fruit or vegetable in the USA.



Carrots were originally red, purple, yellow, and white; not orange.



<p>● ● ●</p> <p>Strawberries and cashews are the only fruit with seeds on the outside.</p> 	<p>● ● ●</p> <p>Fruit can be used to dye cloth different colors.</p> 	<p>● ● ●</p> <p>One apple tree can produce 400 apples in a year.</p> 	<p>● ● ●</p> <p>Pears are the only fruit to ripen from the inside out.</p> 	<p>● ● ●</p> <p>Raisins are dried grapes.</p> 
<p>● ● ●</p> <p>Peanuts and almonds are not nuts: they are fruit!</p>	<p>● ● ●</p> <p>Blueberries have more anti-oxidents than most other fruits and vegetables.</p> 			

## Did You Notice...

- \_\_\_\_\_ come from a flower and have seeds.
- \_\_\_\_\_ are stems, roots, or leaves of a plant.
- \_\_\_\_\_ fruits and vegetables are good for your bones and keep your teeth strong.
- Fruits and vegetables that are \_\_\_\_\_ help to keep you from getting sick.
- Blue and \_\_\_\_\_ fruits and veggies are good for your memory.
- Fruits and vegetables that are \_\_\_\_\_ help your eyes stay healthy.

- \_\_\_\_\_ fruits and vegetables are great for your heart.
- You should have at least \_\_\_\_\_ servings of fruits or vegetables every day.
- Apples are better for keeping you awake than \_\_\_\_\_.
- There are over \_\_\_\_\_ different types of apples.
- Watermelon is made up of 92% \_\_\_\_\_.
- \_\_\_\_\_ kill bacteria because of their high acid content.
- \_\_\_\_\_ is the most nutritious fruit.
- \_\_\_\_\_ are the most consumed fruit or vegetable in the USA.

- Carrots were originally red, purple, yellow and white; not \_\_\_\_\_.
- Strawberries and cashews are the only fruit with \_\_\_\_\_ on the outside.
- Fruit can be used to \_\_\_\_\_ cloth different colors.
- One apple tree can produce \_\_\_\_\_ apples in a year.
- \_\_\_\_\_ are the only fruit to ripen from the inside out.
- Raisins are dried \_\_\_\_\_.
- Peanuts and almonds are not \_\_\_\_\_; they are fruit.
- \_\_\_\_\_ have more anti-oxidants than most other fruits and vegetables.